NM ** Family Life GENERATION Celebration

Project Overview

Welcome to a 4-H Project which encourages youth and older adults to enjoy and learn from one another. The member's guide is the project outline. It contains six different chapters with activities and questions to complete. The final chapter encourages the member of club to hold a "Generation Celebration" where older triends demonstrate skills they learned long ago.

Key Learning Jopics

- Discover your attitudes on aging
 Learn how the media affects your attitudes
- Spend time with an older person
- Perform experiments which show how aging affects the senses
- Become sensitive to the needs of others
- Widen your circle of friends

- Expanding the Project Visit a retirement home and play games or share some of your favorite activities. • Send your new friend(s) some cheery cards
- between visits.
- Volunteer to help at events help by your new friend or a retirement center. ' '' • Take your new friend to a 4-H meeting

Resources

- Generation Celebration
- General Record Sheet 300.A-7 (R-18)



Note: if entering posters or display boards in any of the classes listed above, ensure that they meet the following guidelines:

- Posters may be no larger than 14 X 22 inches. Posters are defined as any flat paper, foam board, cardboard, or other backing appropriate for hanging on the wall.
- Display Boards may be no larger than 18 x 48 inches. Display boards are defined as scored, freestanding science boards.
- Exhibits: Exhibit bases for three dimensional vertical displays may be no larger than 24 x 24 inches

Jargeting Life Skills:

- Nurturing Relationships
- Sharing
- Empathy
- Concern for Others
- Teamwork
- Leadership
- Volunteering Self-responsibility
- Character
- Managing
- Feelings
- Healthy Lifestyle choices

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